



THE 3 I'S FOR PE





# Intent, Implementation and Impact Statement for PE

## Intent

NOVUS recognises and values the importance of Physical Education (P.E). Our work aims to develop a fun, high-quality Physical Education curriculum that inspires all pupils to succeed and excel in competitive sports and other physically demanding activities. We do this through fully adhering to the aims of the National Curriculum for Physical Education to ensure that all children:

- 1) Develop competence to excel in a broad range of physical activities
  - 2) Are physically active for sustained periods of time
  - 3) Engage in competitive sports and activities
  - 4) Experience a whole-child approach, leading healthy, active and happy lives
- It is our intention to build a curriculum that enables children to develop knowledge, skills and vocabulary in a broad range of sporting activities, as well as developing values and transferrable life skills such as tolerance, fairness and respect.
  - Our PE syllabus is based on an enhanced model of the Early Years Framework and the National Curriculum, with a clear progression structure from Reception to Year 6. This progression of skills has been planned in order to build on the skills needed to meet the end of Key Stage objectives in the National Curriculum.
  - We are passionate about the need to teach children how to co-operate and collaborate with others, including as part of a team, giving them opportunities to partake in a wide range of sports whilst ensuring inclusivity in all lessons.



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## Implementation

The PE curriculum is taught through the use of NOVUS Schemes of Work, or via online school requested platforms, which are in-line with the National Curriculum, and taught by specialist PE coaches at our partner schools.

- Each class has access to two and a half hours of high-quality physical activity every week, within curriculum lessons and 30-minute fitness sessions.
- In each lesson, children are given the opportunity to practise skills in a variety of ways, and each lesson builds upon the previous skills, allowing them time to embed them. Different skills are recapped throughout and, across the years, each time they are built upon. This allows children knowledge of what they are doing as well as what is to come at all times.
- NOVUS offers a wide range of sporting after-school clubs that run alongside the school's teacher-led clubs. 'Sports Development Clubs' are paid for by parents and they provide children with access to a wide range of sporting activities.



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## Impact

Our curriculum plan aims to improve the well-being and fitness of all children at school through:

- The sporting skills taught
  - The underpinning values and disciplines that PE promotes
  - Teaching about self-discipline, and that to be successful you need to take ownership and responsibility of your own health and fitness
    - Strong relationships with class teachers, and the school's values
- All contribute to promoting the overall well-being and health of each child.

At all ages, children possess a wide range of physical and learning abilities. In recognising this fact, we provide suitable learning opportunities via differentiation for all children by matching the challenge of the task to the ability of the child.

Children taught by NOVUS make excellent progress in PE and develop a positive attitude towards activity and sport. Large numbers of children are eager to attend our after-school clubs and represent their schools in competitive sports events.

This progression is clearly seen in the number of children who continue to excel and enjoy sports once they have transitioned to secondary school.